

ELEPHANT & CASTLE CHILD CARE CENTRE



January 2022 Newsletter

NOTABLE EVENTS AND HAPPENINGS

School application deadline, 15th January 2022..

Parent/Carer Consultations being organised for February.

GENERAL NEWS

Welcome back! We hope you have all had a wonderful Christmas. We wish you a happy and healthy new year.

The first week back is usually a bit of a struggle for us all. I am sure we will all settle back to routine very soon.

Covid-19 restrictions continue and I am afraid it will be door drop off and collections until further notice.

We are planning for face to face consultations next month. As usual, your key person will try to make times convenient and either at drop off or collection times.

As always we will be spending time outside, although tempting sometimes to stay indoors with the weather being so cold. Please provide your child with a warm coat, gloves and wellington boots for splashing in puddles or the snow.

PLANNING

Interest- We will be observing the children when they return to plan interest.

Song of the Month, is Humpty Dumpty
Book of the Month, Three Little Pigs.

Eating Well in the Early Years.

Eating well is essential for babies and young children, and early years settings are required to provide healthy, balanced and nutritious meals, snacks and drinks.

Recently the need to support children to learn how to make healthy food choices has been emphasised, as well as the promotion of oral health.

First Steps Nutrition Trust is an independent public health charity that is providing free downloadable resources. www.firststepnutrition.org/eating-well-resources Publications range from babies introduction to solids to recipes for the whole family.

